

# Ask Your Doctor

Is the Exo mdx test right for me?

After an elevated PSA result, additional testing may help clarify your risk of clinically significant prostate cancer and support informed decision-making about whether a biopsy is right for you.

Below are some questions you can discuss with your doctor:

- 1 How reliable is PSA alone in predicting clinically significant prostate cancer?
- 2 What is the difference between Grade Group (GG) and Gleason Score (GS)?
- 3 Based on my age, PSA level, and other risk factors, how concerned should we be about clinically significant prostate cancer ( $\geq$ GG2 or  $GS \geq 3+4$ )?
- 4 What is the likelihood that a prostate biopsy could be negative, indeterminate, or detect only low-grade disease despite an elevated PSA?
- 5 How would the Exo mdx test help refine my risk of clinically significant prostate cancer before deciding on a biopsy?
- 6 Is there any downside or risk to having the Exo mdx test before undergoing a biopsy?
- 7 If my Exo mdx result suggests a low risk of clinically significant cancer, how would that impact our follow-up or monitoring plan?
- 8 Can I complete the Exo mdx test using an at-home collection kit?
- 9 Will my insurance cover the Exo mdx test, or are there financial considerations I should be aware of?



**Have questions? Call or email below to learn more.**

 866.259.5644

 [exomdx@mdxhealth.com](mailto:exomdx@mdxhealth.com)

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P: 866.259.5644 • F: 949.788.0014 • E: [cs@mdxhealth.com](mailto:cs@mdxhealth.com) • [www.mdxhealth.com](http://www.mdxhealth.com)

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