

## Do you need a prostate biopsy?

Because the PSA test provides limited information, your urologist may consider additional testing to determine if you need a prostate biopsy. While a prostate biopsy is needed to detect cancer, the procedure is invasive and 1 in 6 men experience complications afterward (bleeding, infection, sexual dysfunction.) Select mdx helps assess your risk for prostate cancer prior to determining if a biopsy is necessary.<sup>2,3,4</sup>

## Will your insurance cover Select mdx?

Mdxhealth will work directly with your insurance provider to coordinate coverage. The vast majority of patients are responsible for \$100 or less.

For questions about insurance, contact our Patient Advocate Team.



866-259-7001



patientfirst@mdxhealth.com



Xpert One Support is founded on personal attention, responsiveness, and commitment to customer satisfaction.

Our Patient First Promise ensures mdxhealth tests are accessible and affordable for all patients. If you're facing financial challenges, contact an Xpert One Support patient advocate to find the right assistance options for you.



866-259-7001

Monday – Friday, 6:00AM – 4:30PM PT



patientfirst@mdxhealth.com

### References

<sup>1</sup> American Cancer Society. Screening Tests for Prostate Cancer. <https://cancer.org>. Accessed June 2020.

<sup>2</sup> Gershman B, et al. Eur Urol. 2016 Jan;69(1):84-91.

<sup>3</sup> Loeb S, et al. Eur Urol. 2013 Dec;64(6):876-92.

<sup>4</sup> Loeb S, et al. J Urol. 2011 Nov;186(5):1830-4.

<sup>5</sup> Haese A, et al. J Urol. 2019 Aug;202(2):256-263.

<sup>6</sup> NCCN Clinical Practice Guidelines in Oncology. Prostate Cancer Early Detection (Version 2.2019 – May 31, 2019). <https://www.nccn.org>. Accessed June 2020.

Mdxhealth is regulated under the Clinical Laboratory Improvement Amendments (CLIA) and the College of American Pathologists (CAP) as an accredited laboratory to perform high complexity clinical testing. This test was developed, and its performance characteristics determined by Mdxhealth. It has not been cleared or approved by the US Food and Drug Administration. The FDA has determined such clearance or approval is not necessary.

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Select mdx  
for Prostate Cancer

# Elevated PSA - Do you have cancer?

Select mdx helps determine your risk of prostate cancer



# Only 1 in 4 men with an elevated PSA level has prostate cancer<sup>1</sup>



Interpreting an elevated prostate-specific antigen (PSA) result can be confusing. PSA may be elevated due to cancer, but it is commonly caused by non-cancerous reasons such as infection, exercise, and age.<sup>1</sup>

Select mdx provides the cancer-specific information that PSA lacks and helps you understand your risk of prostate cancer.

## Can Select mdx determine your risk or prostate cancer?

The Select mdx test will assess your risk for prostate cancer. By providing the cancer-specific information that PSA lacks, your Select mdx test results will help determine if you need a biopsy. The test is recommended by leading urologists and included in the National Comprehensive Cancer Network Guidelines.<sup>6</sup>

## Does an elevated PSA mean you have prostate cancer?

Although PSA is a widely used screening tool, it has known limitations. An elevated PSA level may be a warning sign for prostate cancer, however, there are other common, non-cancerous causes for an elevated PSA level such as benign prostatic hyperplasia (BPH), prostatitis, inflammation, urinary tract infection, prostate stimulation (e.g. bike riding, sexual activity), and age.<sup>1</sup>

# 3 facts you should know about your PSA test results

1

Elevated PSA levels are often a result of non-cancerous, common conditions and do not necessarily mean you have prostate cancer<sup>1</sup>

2

Elevated PSA levels may cause you to consider a biopsy, which can lead to urinary and unwanted sexual side effects<sup>2,3,4</sup>

3

It is possible you may experience anxiety due to the unknown cause of your elevated PSA levels