

3 facts you should know about your PSA test results:

- 1 Elevated PSA levels are often caused by non-cancerous common conditions and do not necessarily mean you have prostate cancer¹
- 2 You may experience increased anxiety due to the unknown cause of your elevated PSA levels
- 3 An elevated PSA may cause you to consider a prostate biopsy procedure, which can lead to urinary and unwanted sexual side effects^{2,3,4}

Is Your PSA Elevated Because of Prostate Cancer?

SelectMDx provides the cancer-specific information that PSA lacks. It helps you understand your risk of prostate cancer and need for biopsy.⁵



Does an elevated PSA mean you have prostate cancer?

Although PSA is a widely used screening tool, it has known limitations. An elevated PSA level may be a warning sign for prostate cancer, however, there are other very common non-cancerous causes for an elevated PSA level such as benign prostatic hyperplasia (BPH), prostatitis, inflammation, urinary tract infection, prostate stimulation (e.g. bike riding and sexual activity), and age.¹

Do you need a prostate biopsy?

Because the PSA test provides limited information, your urologist may consider additional testing to determine if you need a prostate biopsy. While a prostate biopsy is needed to detect cancer, the procedure is invasive and 1 in 6 men experience complications afterward (i.e. bleeding, infection, sexual dysfunction.)^{2,3,4} Your risk for prostate cancer should be assessed prior to determining if a biopsy is necessary.

SelectMDx
for Prostate Cancer

Can SelectMDx determine your risk for prostate cancer?

The SelectMDx test will assess your risk for prostate cancer. By providing the cancer-specific information that PSA lacks, your SelectMDx test results will help determine if you need a prostate biopsy. The test is recommended by leading urologists and included in the National Comprehensive Cancer Network (NCCN) Guidelines.⁶

Will your insurance cover SelectMDx?

MDxHealth will work directly with your insurance provider to coordinate coverage. The vast majority of patients are responsible for \$100 or less.

Questions about insurance?

Contact our Patient Advocate Team

(866) 259-7001

PatientFirst@mdxhealth.com

ASK YOUR DOCTOR if the SelectMDx urine test is right for you

Is your PSA elevated because of prostate cancer?

The *SelectMDx* urine test
will provide cancer-specific
information to determine
your risk of prostate cancer.

SelectMDx
for Prostate Cancer



(866) 259-5644



info@mdxhealth.com

MDxHealth is regulated under the Clinical Laboratory Improvement Amendments (CLIA) and College of American Pathologists (CAP) as an accredited laboratory to perform high complexity clinical testing. The SelectMDx for Prostate Cancer test was developed, and its performance characteristics determined by MDxHealth. It has not been reviewed by the U.S. Food and Drug Administration. The FDA has determined such clearance or approval is not necessary. The test is intended for use as an aid to clinicians for patient management decisions about the need for a prostate biopsy on men with clinical risk factors suggesting an increased risk for prostate cancer. Use outside of this indication has not been validated by MDxHealth. Test results should be interpreted in conjunction with other laboratory and clinical data available to the clinician and relevant guidelines on the decision for biopsy.

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References:

- 1) American Cancer Society. Screening Tests for Prostate Cancer. <https://cancer.org>. Accessed June 2020.
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- 3) Loeb S, et al. Eur Urol. 2013 Dec;64(6):876-92.
- 4) Loeb S, et al. J Urol. 2011 Nov;186(5):1830-4.
- 5) Haese A, et al. J Urol. 2019 Aug;202(2):256-263.
- 6) NCCN Clinical Practice Guidelines in Oncology. Prostate Cancer Early Detection (Version 2.2019 – May 31, 2019). <https://www.nccn.org>. Accessed June 2020.

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Elevated PSA - Do You Have Cancer?

SelectMDx
for Prostate Cancer

Determine your risk of
prostate cancer

Only 1 in 4 men with an elevated PSA level has prostate cancer.¹

Interpreting an elevated prostate-specific antigen (PSA) result is confusing. PSA may be elevated because of cancer, but it is commonly caused by non-cancerous reasons such as infection, exercise, and age.¹