

Specimen Requirements

SelectMDx is a urine test that helps physicians determine if a patient is at a higher or lower risk for prostate cancer and which men can safely avoid biopsy.

Patient Clinical Information Requirements:

- Date of birth
- PSA result and date (most recent)
- DRE result
- Prostate volume (only if obtained by MRI or ultrasound)

Urine Specimen Requirements:

- Urine (first catch) must be collected immediately following a modified digital rectal exam (DRE) procedure. See SelectMDx urine collection instructions included in the transportation kit.
- Immediately after collection, invert tube containing urine and preservative 5 times.
- Specimen must be received by MDxHealth within 5 days of collection.

Labeling Instructions:

The post-modified-DRE urine sample must be labeled with the patient's:

- First name, last name
- Date of birth

Turnaround Time:

5 business days.

Patient Eligibility:

Patient has not been previously diagnosed with prostate cancer.

Causes for Specimen Rejection:

- Modified DRE was not performed prior to obtaining the patient's urine sample.
- Urine sample not received by MDxHealth within 5 days.
- Patients receiving treatment known to affect PSA levels (eg. 5 α -reductase inhibitors such as finasteride and dutasteride).
- Urine collected in an expired collection tube.

Questions?

Contact Client Services

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