



Specimen Requirements

An mRNA test to help improve patient selection for biopsy.

Patient Clinical Information Requirements:

- Date of birth
- PSA result and Date (most recent)
- DRE findings
- DRE date
- Prostate volume (only if obtained by MRI or Ultrasound)

Urine Specimen Requirements:

- Urine must be collected immediately following a modified digital rectal exam (DRE) procedure (first catch). See SelectMDx urine collection instructions included in the transportation kit.
- Immediately after collection, invert tube containing urine and preservative 5 times. Specimen must be received within 5 days of collection.

Labeling Instructions:

- The post-modified DRE urine sample must be labeled with the patient's:
- First name, last name, date
 - Date of birth

Turnaround Time:

5 business days.

Patient Eligibility:

Patient has not been previously diagnosed with prostate cancer.

Cause(s) for Specimen Rejection:

- Modified DRE was not performed prior to obtaining the patient's urine sample.
- Urine sample not received by MDxHealth within 5 days.
- Patients receiving treatment known to affect PSA levels (eg. 5a reductase inhibitors such as finasteride and dutasteride)
- Collection in an expired collection tube.

If you have any questions regarding the test ordering or shipping process, do not hesitate to contact MDxHealth Client Services at 866.259.5644 or client.services@mdxhealth.com.