

## Did you know?

If you have an elevated PSA level, your doctor may suggest a prostate biopsy procedure to rule out cancer as a cause.

A high level of PSA in the bloodstream may be a warning sign for cancer, however, there are non-cancerous causes for abnormal PSA levels such as benign prostatic hyperplasia (BPH) or inflammation. As a result, many men undergo unnecessary prostate biopsy procedures.

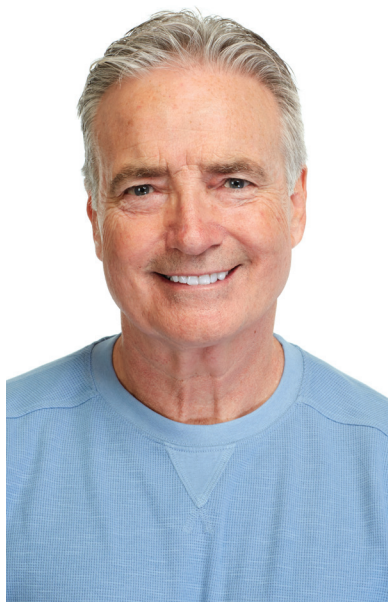
### SelectMDx is a non-invasive urine test

If you have an elevated PSA level, SelectMDx will help you and your doctor decide whether or not you should have a prostate biopsy procedure.

By providing a routine urine sample at your next doctor appointment, the test indicates your personal risk for prostate cancer.

- **Very low risk** men may avoid an unnecessary invasive biopsy procedure.
- **High risk** men may benefit from a prostate biopsy and early detection.

**Print this discussion guide and take it to your next doctor's appointment.**  
**Ask if SelectMDx may be right for you.**



### Answer This:

Do you have an elevated PSA level?

Yes  No

### Ask This:

- Does an elevated PSA level mean that I have prostate cancer?
- Am I being considered for a prostate biopsy procedure?
- Is SelectMDx right for me?

### Why do I need SelectMDx?

If you have an elevated PSA test result you may be at risk for prostate cancer. However, an elevated or rising PSA may also be caused by benign (non-cancerous) conditions such as prostatitis or benign prostatic hyperplasia (BPH). Because an elevated PSA level can be due to a variety of non-cancerous causes, a prostate biopsy procedure may not always be necessary.

When combined with other clinical risk factors such as PSA result, prostate size, age and family history, SelectMDx can help predict your risk for aggressive prostate cancer to help determine your need for biopsy.

SelectMDx can provide your urologist with actionable information that helps:

- Confidently rule out the need for an invasive prostate biopsy procedure for men at a very low risk, therefore also avoiding the possible complications that can arise from this procedure (bleeding, infection, sepsis, urinary symptoms, and sexual dysfunction).
- Determine if you are at increased risk for prostate cancer. Your urologist may suggest a biopsy which may improve your chances for early detection and give you more treatment choices.

### Will my insurance cover SelectMDx?

If you have questions regarding your health insurance coverage, MDxHealth representatives are available from 9:00am to 5:00pm PST, Monday through Friday, toll free at **(866) 259-5644** or by email at **PatientFirst@MDxHealth.com**.

### Where can I get the SelectMDx test?

Ask your urologist about getting the SelectMDx test. They can collect a urine sample on your next office visit and send it for testing.

### For Healthcare Providers

SelectMDx is an easy to order urine test that provides molecular diagnostic information to improve patient selection for biopsy.

#### Patient Eligibility:

Patient has not been previously diagnosed with prostate cancer.



For more information: **866-259-5644** or **info@mdxhealth.com**

MDxHealth Inc. is regulated under the Clinical Laboratory Improvement Amendments of 1988 (CLIA) as qualified to perform high-complexity clinical testing. The SelectMDx for Prostate Cancer test was developed and its performance characteristics determined by MDxHealth. It has not been cleared or approved by the US Food and Drug Administration. The test results should be interpreted in conjunction with other laboratory and clinical data available to the clinician and relevant guidelines on the decision for biopsy.